



GUIDELINES FOR WRITING MARTIAL ARTS THESIS (MAT)

1. Purpose

- Your MAT is an opportunity for advanced disciples to participate in:
 - Building and further developing the Vovinam Viet Vo Dao discipline
 - Enriching the repertoire of Vietnamese martial arts
 - Demonstrating candidate's ability, knowledge and solicitude for the future of the discipline
- Completing your MAT is a way to endow your research works to posterity

2. Requirements

- Your MAT must bring values contributing or dedicating toward building the Vovinam Viet Vo Dao discipline as:
 - A new invention
 - A new creation
 - A new solution, or
 - A new solution for an old problem
- Your MAT must align with the theoretical and technical principles of the discipline
- Your MAT must offer some practical values that may be applied widely throughout the discipline.

3. Evaluation Criteria

- The candidate will be able to articulate and defend the MAT in front of the Board of Assessment and Belt Examination by:
 - Demonstrating your knowledge
 - Convincing audience of the subject substance
 - Demonstrating a reasonable investment of time on your work (≥ 40 hours)
 - Conveying practical martial arts values
- Candidates can use existing materials as reference or evidence, however, MAT content must not plagiarize or copy or translating work from existing documents

4. Thesis review process

- a. The candidate apply to participate in the belt exam and submit a proposed MAT topic at least two months in advance of exam date
- b. The Board of Assessment and Examination will review to pre-approve the topic
- c. The candidate prepares the proposed MAT based on the provided instructions
- d. If MAT is not satisfactory, the Board of Assessment and Examination will request additional information or offer advice to the candidate
- e. The candidate completes MAT to submit it to Board of Assessment and Examination
- f. The candidate presents MAT and defends it in front of the Board of Assessment and Examination
- g. The Board of Assessment and Examination reviews, approves and store your MAT in archive or disseminate it on various Vovinam official website
- h. The Board of Assessment and Testing may use your MAT content as teaching materials if deemed appropriate

5. Format and layout

Your MAT may use the following layout or format:

- Preamble
- Tribute or attribution (to other helpers or teachers)
- Candidate's profile
 - Candidate portrait photo (type used in ID card)
 - Name & date of birth
 - Records of past belt level promotions (level, instructor, date/months/year, school...)
 - Achievements (past exam or contest awards, teaching credits, past contributions to discipline)
- Abstract of MAT (1/2 pages)
- Body of MAT including analysis and supporting materials
- Conclusion