



VOVINAM VIỆT VÕ ĐẠO

HỘI ĐỒNG VÕ SƯ TƯƠNG TRỢ HẢI NGOẠI



HỘI ĐỒNG ĐIỀU HÀNH

**Masters Council of Vovinam Overseas Network
Management Council**

EXAMINATION REGULATIONS

To meet the demand for advancement of core personnel in overseas territories, and to preserve integrity and true value of the belt system, the Management Council of the Vovinam Overseas Network will hold a high-level belt examination during the 3rd General Assembly in Melbourne, Australia, on 13 to 16 of August, 2015.

I- RESPONSIBILITIES:

A Board of Assessment and Examination of Vovinam Overseas shall set up and it will have the following responsibilities:

1. Following direction of the Management Council of the Vovinam Overseas Network
2. On behalf of discipline, organize a Belt Examination for yellow and red belts from overseas territories.
3. Reporting belt examination results to the Council of Managing Masters (Vietnam) and members of the Management Council of the Vovinam Overseas Network.

II- PROVISIONS FOR BELT EXAMINATION:

1. Basic Requirements

- a) Complete Belt Exam Application and personal ranking profile
- b) A copy of last promotion decision (of current level)
- c) A proven record of participation and contribution to Vovinam development
- d) A letter of recommendation from a member of the Masters Council of Masters Overseas.

2. Primary Technical Requirements

Exam requirements for Red Belt level (with yellow trim):

- a) Satisfying time requirement in current ranking (minimum 3 years)
- b) Satisfying technical qualification requirements:
 1. 12 defense techniques with long staff
 2. 9 techniques for disarming attacking rifle with bare hands
 3. Việt Võ Đạo quyền

4. Tứ Tượng Côn Pháp or Long Staff form
 5. 4th Dual Training Sequence
 6. Dual Training with Long Staff
- c) Complete a Martial Art Thesis on a subject that has been pre-approved by the Board of Assessment and Examination
 - d) Record of participation for at least 2 contiguous years until the examination date

Exam requirements for Red Belt level I:

- a) Satisfying time requirement in current ranking (minimum 4 years)
- b) Satisfying technical qualification requirements:
 1. 12 techniques for disarming attacking hatchet with bare hands
 2. 9 techniques of attack using a rifle
 3. Ngọc Trản quyền or Jade Cup form
 4. Xà quyền or Snake form
 5. Nhật Nguyệt Đại Dao or Asian Halberd training methods
 6. Thương Lê Pháp or Rifle form
 7. Dual combat with attacking hatchet
- c) Complete a Martial Art Thesis on a subject that has been pre-approved by the Board of Assessment and Examination
- d) Record of participation for at least 3 contiguous years until the examination date

Exam requirements for Red Belt level II (as needed):

- a) Satisfying time requirement in current ranking (minimum 5 years)
- b) Satisfying technical qualification requirements:
 - 1) Hạc quyền (Crane form)
 - 2) Thái Cực đơn đao pháp (Tai-Chi Sword form)
 - 3) Nhu khí công quyền (Soft form)
 - 4) Presentation and analysis of scientific principles applied and proposing effective training methods for one of the following:
 - Wrestling move numbers 19 to 28
 - Vovinam lock and escape techniques (standing or laying down)
 - 8 ways of counter machete attacks
- c) Complete a Martial Art Thesis on a subject that has been pre-approved by the Board of Assessment and Examination
- d) Record of participation for at least 4 contiguous years until the examination date

Exam requirements for Yellow Belt I-III:

Testing requirements will be based on the regional training program that is pre-approved by the examination committee.

**On behalf of the Management Council of the Vovinam Overseas Network,
Board of Assessment and Examination**